

Fortified Marriages ***Seminars & Workshops Offered***

1. ***Foundations for Marriage***: Typically a Friday evening and Saturday seminar covering eight hours, participants gain a Biblical understanding of the foundations of the marriage relationship and learn skills to aid building a strong, healthy marriage.

Topics include:

Created by God: Understand differences.

Direction in Life: Understand purpose, the importance of change and develop goals and objectives.

Boundaries: Understanding the principles of boundaries and application to marriage.

Communication: Learn sound communication principles.

Needs: Understand the nature of needs and their importance in relationships.

Finances: Biblical principles for family finances.

Christian Marriage: Build a marriage on the foundation of Jesus Christ and learn Biblical roles in marriage.

2. ***Oneness in Marriage***: A six-hour seminar covering intimacy and romance in marriage, challenges couples experience in married life, protecting your marriage, and growing in maturity.

Topics include:

Intimacy

Forgiveness

Romance and sex

Working through problems

Facing trials together

The holiness of marriage

Protecting your marriage

Growing in maturity

3. ***Fortified Marriages Training Certification***: Usually conducted in conjunction with the Fortified Marriages Workshop and/or Strengthening Marriage in the Church workshops. This six-hour seminar gives participants a practical understanding and experience of how to use the *Fortified Marriages Marriage Manual and Workbook* to build healthy, strong marriages. At the end of the seminar, participants become certified Fortified Marriages Facilitators.

4. ***Fortified Marriages Workshop:*** Participants learn the Fortified Marriages method of marriage education and discover the resources available to present sound marriage information, skills and principles to couples. Experience the process and find out how Fortified Marriages strengthens marriages and helps couples work together. One and one half hours.
5. ***Strengthening Marriages in the Church:*** A workshop for pastors and church leadership to gain an understanding of the importance of marriage ministry and learn how to begin a marriage ministry in the church. Discuss the role of the pastor and developing couples to lead a marriage ministry. One and one half hours.
6. ***The Importance of Marriage:*** Attendees gain an understanding of the Biblical foundations for marriage and its importance to God. Learn God's purposes for marriage and understand the need to work on the marriage relationship. One and one half hours.
7. ***One Day You Will Marry:*** A workshop to help young people and single adults understand how they can prepare themselves for marriage. Participants will learn about God's plan for their lives and what they should look for in a potential spouse. One and one half hours.
8. ***Marriage Education in the Hispanic Community:*** Participants will learn how to present marriage education to the Hispanic Community and the resources available. Understand the need to be culturally sensitive to the needs of Hispanic couples and families and marriage and family issues unique to the Hispanic Community. One and one half hours.