The Importance of Working Out Your Differences
Divorce is too Costly!

Approximately one million children experience the ripping apart of their families by divorce each year.

20% to 25% of youths from divorced families in comparison to 10% from non-divorced families developed “serious social, emotional, or psychological problems” (Hetherington, E. M., & Kelly, J., (2002). For Better or Worse, Divorce Reconsidered. New York, NY: W.W. Norton & Company).

40% of children of divorce have no contact with their nonresidential father and those with contact average only 69 days a year of contact. (Halle, T., (2002). Charting Parenthood: A Statistical Portrait of Fathers and Mothers in America. Washington, D.C.: Child Trends.)


Approximately 200,000 adults and 150,000 children each year suffer serious problems due to divorce.

86% of unhappily married people who remained in their marriage found that, five years later, their marriages were happier; rating very happy or quite happy. (Waite, L.J. & Gallagher, M., (2000). The Case for Marriage. New York, NY: Doubleday).

More than two-thirds of those who have divorced would advise others to ‘work it out or go see a counselor,’ (Knox, D. & Corte, U. “Work It Out/See a Counselor”: Advice from Spouses in the Separation Process. Journal of Divorce & Remarriage, Vol. 48(1/2) 2007).

80% of people do not improve their lives by divorcing their spouse. (Hetherington, E. M., & Kelly, J., (2002). For Better or Worse, Divorce Reconsidered. New York, NY: W.W. Norton & Company)


59% of divorces were caused by non-serious issues such as; incompatibility, growing apart, lack of communication, loss of love, etc. (Amato, P.R., Previti, D., (2003). People’s Reasons for Divorcing: Gender, Social Class, the Life Course, and Adjustment. Journal of Family Issues, Vol. 27, No. 5, pp 602-606).

SBillions per year; cost of divorce to US Taxpayers. (The Taxpayer Costs of Divorce & Unwed Childbearing, Institute for American Values)


People are 10 times more likely to suffer serious problems due to divorce than smokers are to die from smoking related diseases. (Wallerstein, J.S., (2005). Growing up in the Divorced Family. Clinical Social Work Journal, Vol. 33, No. 4, Winter 2005)

“We didn’t learn to break promises and (marriage) vows from big bad bullies at school – we learned from watching our parents deny every word they once said to each other.” ~ Elizabeth Wurtzel