

# Soul-Mate

**A covenant partner - the person you are growing in oneness with.**



Many people marry thinking they have found their *soul-mate*. Others are intent on finding their *soul-mate* before they marry. A soul-mate isn't someone you find, it is someone you become. To paraphrase J.R.R. Tolkien; 'In a more perfect world or even a better situation, a person might have found a more perfect mate – but in reality, one's true soul-mate is the one he or she is actually married to.' While most couples feel a deep connection with their spouse when they marry, those *feelings* of love and connection wear off after some period of time. We do not *naturally* grow in oneness and become soul-mates, it requires time and effort. It requires connecting, communication, working through the problems of life - working *together*; to achieve that *soul-mate* connection.

Friends, I can say that Carmen and I *are* soul-mates; she is my covenant partner - *the person I am growing in oneness with*. After nearly 45 years of marriage, we *prefer* being with each other. We pray together daily, we read Scripture together almost daily; we serve together, play together, work together, deal with problems together and sometimes do nothing together. Do see the common denominator there? TOGETHER! We have chosen to be that covenant partner; to do most everything together. Yes, there are times when Carmen goes out with the girls and enjoys girl things, and there are times that I go and hang out with the guys. But we *chose* to be together much more than we are apart.

That is how you become soul-mates; choosing to be together; choosing to work together, choosing to play together. Do you make that choice? Even through the busyness of work and kids and ministry and life; do you choose to be together? Pray together? Spend time in God's Word together? Do you take the time to connect, even for a few minutes each day - more time weekly? Make the choice to grow in oneness with your spouse, choose togetherness over separateness.

**Helpful Resources:** *Fortified Marriages Resource page: [www.fortifiedmarriages.com](http://www.fortifiedmarriages.com)*

The *Fortified Marriages Manual and Workbook* is a great tool to help couples grow closer together.

**Article to check out:**

*What Does the Bible Say About Soulmates?* by Bill and Pam Farrell - [focusonthefamily.com](http://focusonthefamily.com)