

Complacency

Feeling satisfied and secure & not investing in the relationship



Complacency tends to be a problem with humanity. People seem to naturally tend to get complacent and let their guard down, which leads to problems - sometimes *big* problems. Proverbs 1:32 tells us that “the complacency of fools will destroy them.” Peter wrote, “Be on your guard and stay awake. Your enemy, the devil, is like a roaring lion, sneaking around to find someone to attack.” (1 Peter 5:8) Complacency can lead to falling to sin, or growing apart in our marriage relationship. We can get too comfortable in life and not keep our guard up. We become satisfied and don’t do the work to protect our marriage and grow in our relationship.

Many years ago, Carmen came home and said she wanted to go to a marriage conference she heard about on the radio. I remember thinking, ‘we are *finally* in place where we aren’t arguing all the time and *you* want to mess it up by going to this conference.’ I was complacent and not really interested in investing in our relationship, but I acquiesced and went to FamilyLife’s *Weekend to Remember* and was really glad we did! It is far too easy to begin taking our spouse for granted and getting into a rut of going through the motions in our life together. Any of us can get to the point of complacency; where we think we’ve got it down, we don’t have to work at the marriage. Any of us can get complacent and unaware of the dangers lurking in the world today.

One writer called complacency the relationship killer. Again, it is far too easy to take our spouse for granted and put less effort into actually *connecting* with our spouse, actively seeking to meet his or her needs - taking the time to stop and enter into each other’s world: spiritually, emotionally, and physically. None of us are immune to the wiles of Satan, the desires of the flesh, or of the pride that we have it together and we are secure where we are at. That complacency; those feelings of satisfaction will not strengthen or protect our marriage relationship. We should *never* be satisfied about where our marriage is at; we can *always* grow, learn more and respond to our spouse better. What can *you* do to keep from complacency in *your* marriage relationship?

Helpful Resources: *Fortified Marriages Resource page:* www.fortifiedmarriages.com

The *Fortified Marriages Manual and Workbook* is a great tool to help couples grow together in intimacy and get out of the rut of complacency.

Article to check out:

4 Ways to Overcome Complacency in Your Marriage by Jennifer Waddle - www.crosswalk.com