

# Romance:

Giving of yourself to let your spouse know they are loved.



Did you know that romance should be a *daily* part of your married life? Proverbs 5:19 admonishes us to; *ever be captivated by her (or his) love.* Captivated means charm, attract, or hold the interest of - it is something we *focus* on. It wasn't hard when we were dating, but somehow in the busyness of life, romance gets left out of the relationship. 'There is too much work, too many diapers, too many demands, too much to do!' We say these things, but in reality, we would make the time, if we didn't take our spouse for granted.

Do not take your spouse for granted! You can do *something* to let your spouse know he or she is loved. Stop for a moment during the day to text or call them just to say, "I Love you." Send a card, go for a walk, there are *many* things you can do to express your love for your spouse. Our website has 30 things you can do with the *30 Day Love Challenge*, but even more with our *50 Ways to Love Your Lover* document. There is no excuse, it is a matter of making your spouse a priority, taking some time, and doing *something*!

It does not matter if you have been married 6 months, 5 years, 25 years, or 60 years, you must be purposeful about building romance into your marriage relationship. There are very many "natural" romantics out there - most of us need help! Use the resources, romance your spouse!

## FORTIFIED MARRIAGES

*Building Strong Marriages*

*Fortified Marriages Ministry: A Christian nonprofit ministry helping the church and individual couples build strong marriages.*

[www.fortifiedmarriages.com](http://www.fortifiedmarriages.com)

[info@fortifiedmarriages.com](mailto:info@fortifiedmarriages.com)

480-699-2515

### Helpful Resources:

*Fortified Marriages Resource page: [www.fortifiedmarriages.com](http://www.fortifiedmarriages.com)*

*40 Unforgettable Dates with Your Mate by Gary & Barbara Rosebery*

*Simply Romantic Nights by FamilyLife*

*The Fortified Marriages Workbook is a great way to strengthen your marriage. Order at our website and check out the many excellent resources available on our website*

