

# Complacency:

A feeling of security while  
unaware of potential danger.



It is easy to get complacent in marriage - with work, children, church, activities, and the requirement of daily living, our marriage and our spouse can be taken for granted. Too many couples simply exist together, rushing through the day and not *taking* the time to connect and build the marriage relationship. They settle for an unsatisfying relationship lacking intimacy or any romance. We don't have to work at complacency, it just happens.

Complacency will also occur when a couple doesn't think they have to work on their marriage. "Our marriage is solid!" they will proclaim when asked to attend a marriage seminar or couples group. Many older couples tend to think that since they have been married 35 or 40 or more years, they no longer have to work on their marriage. They begin to coast, become complacent, and stop working on their marriage. The flame dies out and one or the other may leave the marriage. Sadly, this happens a lot today.

We cannot become complacent! Paul wrote that "those who marry will face many troubles in life" (1 Corinthians 7:28). We *will* face problems in life and we must have a strong, flourishing marriage to face the troubles *together*. None of us are so strong and righteous to think we can stand against the trouble that occur in life or the temptations that *will* come at us. Peter wrote that Satan is a prowling lion looking for someone to devour (1 Peter 5:8). We must be alert and on guard, *not* complacent!

Are you complacent in your marriage? Do you tend to think, everything is good, that you will make it through any problem? Friends, being alert and ready is a recurring theme throughout the New Testament; we must not allow ourselves to become over confident, thinking we have it together and won't face problems. Continue to work on your marriage - *make* the time to build intimacy and grow in your relationship.

## **Helpful Resources:** *Fortified Marriages Resource page:* [www.fortifiedmarriages.com](http://www.fortifiedmarriages.com)

The *Fortified Marriages Manual and Workbook* is a great way to work on your marriage and avoid complacency.

### **Articles to check out:**

*Avoid This Silent Threat to Your Marriage* by Brad & Heidi Mitchell - [www.buildyourmarriage.org](http://www.buildyourmarriage.org)  
*Common Marriage Problems Part One: Complacency* by Mike Tucker - [madaboutmarriage.com](http://madaboutmarriage.com)