

# Adventure:

## An unusual and exciting experience or activity



I often say that marriage is the adventure of a life-time - a journey through life with someone so different, yet, so close they know everything about you and still love you. Life brings adventure; unusual and exciting experiences happen, but do we seek out adventure together as a couple? Solomon admonished us in Ecclesiastes to enjoy life with our wives - yes, we have to toil and work to provide for our family, but we *can* also enjoy life! Experiencing adventures together, not only can be fun, but can help us grow in our relationship. John Trent and Gary Smalley once wrote that they encourage families to go camping for the fun together, but also because things will go wrong and those unusual experiences will bring couples and families together.

You don't have to climb a 20,000 foot mountain to bring adventure into your marriage. You can take a dance class, a painting class, or craft class together. Go for a walk through a local nature preserve or surprise your spouse and take him or her to do something they have talked about doing for years. Experience a zip-line together, or a hot-air balloon; go snorkeling or take scuba diving lessons - there literally are thousands of unusual or exciting experiences or activities you can do as a couple. Talk about the experiences you would like to do together - make a "bucket list" of things you both would like to do or see in your life-time.

God's plan is for husband and wife to grow *together* in oneness. Yes, we have to work together though the daily problems we face, but there is also a time when we want to stretch ourselves and do something unusual or exciting. This also will help you to grow *together*. The challenge is to sit down with your spouse and dream together about some unusual or exciting activities you would like to do together. Then work to make it happen. Many of my wife's and my greatest memories are the adventures we've experienced together. Go and have an *adventure* together!

**Helpful Resources:** *Fortified Marriages Resource page:* [www.fortifiedmarriages.com](http://www.fortifiedmarriages.com)

The *Fortified Marriages Manual and Workbook* is a great tool to help couples learn to work together not only for the daily challenges of life, but for the *adventures* they will have together.

*101 Adventurous + Romantic Bucket List Ideas for Couples* by Amy Hartle - [www.twodrifters.us](http://www.twodrifters.us)