

# Dream:

A future aspiration,  
goal, or aim.



One of the biggest changes that tends to happen to couples before and after the wedding is that they stop dreaming together. This is an unfortunate by-product of settling into life together as a couple. We shouldn't stop dreaming together - looking forward to those aspirations, goals, and aims. As one writer has said, 'the couple who dreams together, stays together.' Dreams may change or many not even come true, but the dream itself is not the important part; it is the *togetherness* as a couple that is the important part. Dreaming builds intimacy, strengthens our bond together and helps us remain on the same page *together* - and it's fun!

Carmen and I set goals and objectives on our anniversary every year - we've been doing this now for 25 years! But we also dream together, where do we want to be, what do we want to accomplish in 5 years or in the long term? It has been awesome to see what the Lord has done in our lives and how He has fulfilled so many of our dreams! Several years ago, we began dreaming about slowing down and downsizing our home. This year it happened! In fact, on May 22nd we decided it was time to start working towards downsizing - not knowing that 55 days later it would be done! The Lord, our God brought this dream to fruition much faster than we thought it would happen. Still working on the slowing down, but we are downsized in the perfect house, in the perfect location and we are praising God!

Jeremiah 29:11 says; "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." The Lord knows where we are going and what we will do, but we have a part to play in our life journey and as a couple we need to look to that future *together*. The journey through life as a couple shouldn't be an enormous burden to trudge through, but a grand adventure walking together and serving God. Take an evening or a weekend to look to the future; share your dreams with each other, what are your dreams for the future as a couple?

I have to ask the question; are you living the adventure or trudging through life? Are you walking together with your spouse? Or are you existing together, just trying to get through each day? You can change the direction of your marriage! Make the time to sit down and dream together. Get help if needed; whether it is another mature Christian couple, your pastor, or a Christian counselor. Do something!

**Helpful Resources:** *Fortified Marriages Resource page:* [www.fortifiedmarriages.com](http://www.fortifiedmarriages.com)

**Articles to check out:**

*A Couple that Dreams Together* by Becca Wierwille - [beccawierwille.com](http://beccawierwille.com)

*Why Dreaming as a Couple Benefits Your Marriage* by Shannon - [ofthehearth.com](http://ofthehearth.com)