

Commitment

A Deep & Unwavering Dedication



We marry making a commitment to love, cherish and value this other person for the rest of our lives. Yet, did we really consider what that means? Did we understand that there were going to be so many unforeseen problems, hurdles, setbacks, and so much more in our married lives? Carmen and I didn't. We were madly in love and didn't foresee the myriad of problems we would encounter in our lives, and yes, I was close (too close) to breaking the commitment I made on our wedding day. The Lord, out of His grace, intervened and I didn't make that mistake, but it took us a while to truly understand what it meant to have a *deep and unwavering dedication to our marriage*. We have that commitment today!

Commitment is a conscious decision that we must make each and every day to prioritize the relationship over our personal desires and all the distractions in our world today. Through commitment, we decide to sacrifice, compromise, and work *together* to make the relationship work. We live in a broken world; whether is our own sin, or the sin of others, natural disasters, health problems, or so many other problems we have faced or may face in the future, we must have a deep and unwavering dedication to build a strong, healthy marriage. Commitment means that we are going to make a consistent effort to work through the problems we face and seek to grow together even through those problems. Commitment is the foundation of a strong, healthy marriage - built on our relationship with Christ, we make the commitment that we will remain true to our spouse, no matter what.

Are you truly committed to your spouse? Your marriage? Do you demonstrate that commitment by connecting regularly with your husband or wife? Connecting emotionally, spiritually, and physically? Is your marriage a priority in your life? Do your words and actions demonstrate that priority? Carmen's and my commitment to our marriage has brought a peace and contentment in our marriage and our lives - you also can have that peace and contentment in your marriage.

Helpful Resources: *Fortified Marriages Resource page:* www.fortifiedmarriages.com

Articles to check out:

The Power of Commitment in Marriage by Phil Callaway - www.focusonethefamily.com

Marriage: A Covenant Commitment by Cindy Wright - marriagemissions.com